

THE UNIVERSITY
of NORTH CAROLINA
of CHAPEL HILL

COLLEGE OF ARTS & SCIENCES

STUDY ABROAD OFFICE

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Administrative Board of the College of Arts & Sciences Office of General Education CB #3510 300 Steele Building UNC-CH

#### **UNC Psychology in Stockholm- Summer**

#### **Dear Colleagues:**

The Department of Psychology and Neuroscience and the Study Abroad Office are submitting for your approval a proposal to establish a faculty-led summer study abroad program in Stockholm, Sweden beginning in Summer 2018 and continuing annually.

#### Program overview

This six-week summer study abroad program will be co-led by two UNC-CH Psychology and Neuroscience professors and hosted by DIS at their Stockholm center (for information about DIS, see below). Participants will enroll in two courses. All UNC-CH students on this program will take PSYC 260: Social Psychology (3 credits) in the first three weeks, and they will choose one of several DIS-taught courses to take in the second three weeks (3 credits).

## Program rationale

By teaching a psychology course in an international context, this program will contribute to the university's objective of offering more international opportunities to science students. The Study Abroad Office has documented increased demand for psychology and neuroscience courses abroad. Our current programs targeting Psychology and Neuroscience students are well-enrolled, and this new program in Sweden will add diversity in location and culture.

The program's required course, PSYC 260, is a popular course on-campus and satisfies requirements for the Psychology and Neuroscience major. The program will give students access to this course in a unique small group and international setting.

Human behavior is powerfully influenced by its context, and there is no more important context that culture. Different cultures respond to social pressures differently, have different views of gender and morality, and may even have different emotions. By studying the bases of human behavior while being immersed in a new culture, students will have a special opportunity to reflect upon the role of the social environment and how it affects what we do and who we are.

Moreover, Stockholm offers a number of additional exceptional opportunities. Both the Karolinska Institute and Stockholm University are nearby and will provide enriching experiences through a research exploration visit to the Karolinska and guest lectures from leading researchers at Stockholm University. These lectures will complement the course and the student's cultural introspection as they concern religion and gender, two topics that may differ across American and Scandinavian contexts.

The DIS-taught course will offer students a connection to the region and culture, giving students international exposure to topics that can benefit a variety of degree programs and career paths, including psychology and prehealth.

#### Resident Director

Kristen Lindquist and Kurt Gray will serve as the UNC-CH co-Resident Directors in 2018 and possibly beyond. Their CV's are provided in the appendix. Other UNC-CH Psychology and Neuroscience professors may be available to serve as resident director in future years as needed.

#### DIS

DIS is a non-profit study abroad foundation established in Denmark in 1959, now with locations in Copenhagen and Stockholm. DIS provides semester, academic year, and summer programs taught in English for upper-division undergraduate students from US colleges and universities. UNC-CH has a long-standing institutional agreement with DIS. Up to five UNC-CH students participate in the Copenhagen program every semester, and more than 30 UNC-CH students participate in the Copenhagen program every summer. The Stockholm program is new, and we anticipate student interest there as well.

DIS has a customized programs division that works with US partner institutions, like UNC-CH, to develop and administer customized faculty-led programs. These programs are designed to utilize existing DIS resources and tailor a program to meet specific needs of the US university.

#### **Location**

While rich in history and culture, Sweden prides itself on progressive thinking, openness, diversity, and equality. As home to the Nobel Prize and a list of prestigious universities, institutions, and leading innovators, Stockholm offers the context of a capital led by forward-looking decision makers and scholars. Comprised of fourteen islands, with a public transit system that travels across waterways, the city is well connected and easy to navigate. Stockholm has been rated Europe's safest capital and a top student city.

DIS Stockholm's center occupies two floors of the new Royal College of Music building in a coveted residential area of Stockholm with easy access to the city center.

#### **Program dates**

The program dates for 2018 are May 20 – June 30, with the UNC-CH course taught in the first three week session and the DIS course taught in the second three week session.

## **Program content**

Students will take two courses:

- 1. PSYC 260: Social Psychology, 3 UNC-CH graded credits, taught by Kristen Lindquist and Kurt Gray, syllabus in the appendix.
- 2. Choice of a DIS-taught course from the existing DIS program. Students earning the equivalent of a C or better will earn 3 transfer credits at UNC-CH. The courses will include:
  - Gender, Equality, and Sexuality in Scandinavia
  - Power of Women in the Viking Age
  - o Psychology of Political Behavior
  - o Public Finance: European Perspectives
  - Translational Medicine: From Bench to Bedside

In addition to the academic content in the first three weeks, DIS will arrange two culturally based field studies (i.e. an educational walking tour and museum tour) and a small-group dinner with a Swedish family from DIS's host family network. These activities will further introduce students to Swedish history and culture. DIS will offer similar opportunities for cultural engagement in the second three-week session.

#### **Enrollment**

The program will accept applications from UNC-CH and non-UNC-CH undergraduate students, with priority given to UNC-CH students. Target program enrollment is 12-20 participants. Applicants must have a minimum GPA of 3.0 at time of application and at least rising sophomore status at time of participation.

#### On-site logistics

DIS will provide a full range of logistical support including program development, on-site orientation, excursions, and 24/7 emergency support.

DIS's welcome program includes airport pickup, orientation and information sessions, a welcome dinner with the Social and Residential Advisor (SRA) in the residence halls, and various activities to help the students orient themselves in Stockholm, including an Urban Awareness Experience.

DIS will provide necessary facilities including classroom space and housing. Students will live in a DIS Residential Community. Housing includes shared bedrooms, bathrooms, kitchen and laundry facilities, and a linen package. SRAs and DIS Housing staff will support students as needed. DIS will give students a transportation card pre-loaded with funds for the duration of the program.

Emily Mariton, Northern Europe and Oceania Program Director in the Study Abroad Office, conducted a site visit to DIS Stockholm in March 2017. The site visit included touring the DIS center and housing, meeting with key DIS Stockholm staff, and participating in DIS classes and activities, including a Psychology field study.

## **Health and Safety**

The UNC-CH Study Abroad Office enrolls students in international accident and health insurance through GeoBlue (https://www.geobluestudents.com/) for the duration of the program. There are no immediate health concerns in Stockholm. Modern medical facilities and highly skilled medical practitioners are available in Sweden.

According to the U.S. State Department website, all European countries, including Sweden, remain potentially vulnerable to attacks from transnational terrorist organizations. The national government is taking action to guard against terrorist attacks, but U.S. citizens should be aware that attacks could take place without warning. The U.S. State Department website also reminds tourists that they may encounter theft of personal property and pickpockets.

In the mandatory pre-departure orientation sessions, the UNC-CH Study Abroad Office discusses the potential for terrorist attacks in Europe and covers general safety precautions.

We are happy to provide any further information that you may need to evaluate this proposal.

Yours sincerely,

Dr. Donald Lysle, Chair, Department of Psychology and Neuroscience Date

8.21.

Dr. Robert Miles, Associate Dean: Study Abroad and International Exchanges Date

## Social Psychology (PSYC 260.001)

#### **Summer 2018**

## **Course Information and Purpose**

#### 1. Instructor Information:

## Dr. Kristen Lindquist

Kristen Lindquist has a PhD in Psychology (Boston College, 2010) and was a postdoctoral fellow at Harvard University where she trained in neuroscience. She is currently an Assistant Professor at the University of North Carolina at Chapel Hill where she researchers the psychology and neuroscience of emotion and directs the Carolina Affective Science Laboratory. For more about Dr. Lindquist, see her webpage: <a href="http://www.kristenalindquist.com">http://www.kristenalindquist.com</a>

#### Dr. Kurt Gray

Kurt Gray has a PhD in Psychology (Harvard, 2010). He is currently an Associate Professor at the University of North Carolina at Chapel Hill where he researchers morality and directs the Morality and Mind Perception Laboratory. For more about Dr. Gray, see his webpage: <a href="http://www.kurtjgray.com">http://www.kurtjgray.com</a>

#### **Guest Lecturers:**

**Andreas Olsson** is an Associate Professor at the Karolinska Institute, Sweden. He is a Swedish native but completed his PhD at New York University and was a postdoctoral fellow at Columbia University. He directs the Emotion Lab at the Karolinska Institute, where he studies emotional learning and regulation in social situations.

## http://www.emotionlab.se/people/andreas

**Simone Setterberg** teaches at DIS and is a researcher at the Karolinska Institute. She studies cultural differences in development, including early adulthood.

## http://www.su.se/english/profiles/pgran-1.186804

**Ebba Karlsson** teaches at DIS and the University of Stockholm. She studies political psychology and how cognitive biases affect political behavior. She is the co-founder of Poplar, a non-profit organization dedicated to improving political civility.

http://www.ebbakarlsson.org/political-psychology/

## 2. Course Description and Justification to be Abroad:

Prerequisite: one semester of Introduction to Psychology at the university level, including AP credit for Psyc 101

Social psychology studies the way in which individuals' thoughts, feelings, and behaviors are affected by actual or imagined others. In other words, social psychology explores the way in which the social environment affects us. In this course, you will learn about the basic themes and findings of social psychology, as well as the way in which social psychological knowledge is generated scientifically.

This course offers a particularly unique opportunity as it is taught abroad. Human behavior is powerfully influenced by its context, and there is no more important context that culture. Different cultures respond to social pressures differently, have different views of gender and morality, and may even have different emotions. By studying the bases of human behavior while being immersed in a new culture, students will have a special opportunity to reflect upon the role of the social environment and how it affects what we do and who we are.

Moreover, Stockholm offers a number of additional exceptional opportunities. Both the Karolinska Institute and Stockholm University are nearby and will provide enriching experiences through a research exploration visit to the Karolinska and guest lectures from leading researchers at Stockholm University. These lectures will complement the course and the student's cultural introspection as they concern religion and gender, two topics that may differ across American and Scandinavian contexts.

Finally, this study abroad program provides a unique opportunity to take social psychology—a very popular course—in a small setting with two award winning instructors.

## 3. Objectives:

Learning objectives for the course:

- 1. Describe the main theoretical perspectives in social psychology
- 2. Describe common research methods, and their uses, in social psychology
- 3. Understand scientific studies and their findings from within the field of social psychology
- 4. Apply social psychological theory to understanding real-world human behavior
- 6. Describe cultural differences (especially comparing Scandinavia to North America) that contribute to differences in values, norms, or behavior

## **Course Components**

#### 1. Required Textbook:

• *Social Psychology*, by Elliot Aronson, Timothy Wilson, and Robin Akert (9<sup>th</sup> edition), Pearson/Prentice Hall Publishing. The 8<sup>th</sup> edition is also acceptable.

## 2. Articles and Other Media on Canvas:

- See reference list at end of syllabus, as well as citations throughout the course schedule
- **3. Approach to Teaching:** A variety of teaching methods will be used, including lectures, class discussions and interactive classroom activities to facilitate the understanding of theory, research and their cultural implications.

## 4. Field Studies:

Visit to Karolinska Institute: May 28, 2018. Students will observe the Karolinska Institute, one of the largest and most prestigious medical institutes in the world. The Karolinska Institute is the location of the Nobel assembly that awards the Nobel Prize in Physiology or Medicine. Students will visit the Division of Psychology to understand how psychological research is conducted at a research institute.

**Visit to Fotografiska: June 1, 2018.** Students will visit the Fotografiska, a cutting-edge museum of photography. Students will gain an appreciation of how photography can express social psychological themes. Students will take pictures of 10 pictures, each of which are expressing an important social psychological concept. They will then write a paper outlining which concepts can be observed in each photograph.

Catalog Cultural Differences: Panel of young Swedes. As a class, students will come up with a questionnaire with 10 open-ended questions about cultural experiences that they may take for granted (e.g., 1. In your culture what are the differences between men and women? 2. In your culture, how early should you get married, and why? 3. In your culture, is it acceptable to spank children? 4. In your culture, which emotions are the most important or most commonly experienced?). With a partner, students will write down what they both think the answers to these questions are based on their own culture and Swedish culture. Then students will ask the panel of young Swedes these questions. We will host a class-based discussion of students' anticipated and observed answers.

## 5. Class Representatives:

Each semester DIS looks for class representatives to become an official spokesperson for their class group, addressing any concerns that may arise (in academic or related matters), suggesting improvements and coming up with new ideas. Class representatives are a great way for DIS faculty to ensure better and timelier feedback on their courses, assessments and teaching styles, and as such perform an invaluable role in connecting student needs with faculty instruction during term time. Class Representatives will be elected in class at the beginning of the semester.

## **Assignments and Evaluation**

Detailed assignment descriptions and/or rubrics will be made available on Canvas and/or in class.

| Methods of Evaluation      | How evaluated (individual or group) | Due Date | Percentage of grade |
|----------------------------|-------------------------------------|----------|---------------------|
| Active class participation | Individual                          | Ongoing  | 5%                  |
| Field Study 1              | Individual                          | May 28   | 15%                 |
| Midterm exam               | Individual                          | May 30   | 25%                 |
| Field Study 2              | Individual                          | June 1   | 15%                 |
| Field Study 3              | Individual                          | June 5   | 15%                 |
| Final exam                 | Individual                          | June 8   | 25%                 |

**Evaluation:** A number of diverse tasks will be given throughout the semester to address learning objectives.

**Active class participations (5%):** Students must be active in discussions and group work. Active participation and engagement includes asking questions related to readings and material presented in the class and taking part in discussions and being active during field trips and quest lectures. See Canvas for a class participation grading rubric (#4).

**Field study 1 (15%):** Following the visit to the Karolinska Institute, students will write a research paper outlining a hypothetical study using one of the empirical methods discussed in class or observed at the Karolinska Institute. Hypothetical studies must cover social psychological concepts discussed in class or approved by the instructors. 3-5 pages.

**Midterm exam (25%):** Students will complete a multiple-choice exam covering concepts from the first half of the course.

**Field study 2 (15%):** Following your visit to the photography Museum, take the 10 photos you took of photos, and for each describe the social psychological concepts it expresses (e.g., prejudice, aggression, attractiveness). Discuss whether each is an effective demonstration of your chosen concepts. 3-5-pages.

**Field study 3 (15%):** Pick a topic covered in the conversation with the panel of young Swedes. Compare your answers about US culture, your anticipated answers about Swedish culture, and the actual answers about Swedish culture that the panel revealed. Highlight interesting similarities and differences, and suggest what they tell you about both cultures in general. 3-5-pages.

**Final exam (25%)**: Students will complete a multiple-choice exam covering concepts from the second half of the course.

To be eligible for a passing grade in this class you must complete all of the assigned work.

#### **Policies**

#### Attendance:

You are expected to attend all classes when scheduled. If you miss a class for any reason please contact the faculty no later than the day of the missed class. Absences will jeopardize your grade and your standing. Allowances will be made in cases of illness, but in the case of multiple absences you will need to provide a doctor's note.

## Academic Honesty, Plagiarism, and Violating the Rules of an Assignment:

As a member of this course, you are expected to follow the UNC Honor Code (http://honor.unc.edu). All exams and assignments must represent your own independent work. Any violation of academic integrity (e.g., cheating, plagiarism, non-independent work etc.) will be reported to the Honor System following a discussion with the student (http://honor.unc.edu/index.php?option=com\_content&view=article&id=62&Itemid=67)

#### **Policy on Late Papers:**

There will be a grade deduction of half a letter grade for each day the assignment is late.

## **Course Schedule**

| Day/Date               | Topic  | Reading  | Assignments              | Contact Hours (Cumulative) |
|------------------------|--|--|--------------------------|----------------------------|
| Tues May 22<br>2pm-5pm | What is Social<br>Psychology and<br>research methods                 | Chapters 1 & 2   |                          | 3                          |
|                        |  | Wegner & Gilbert,<br>2000                              |                          |                            |
| Wed May 23<br>9am-12pm | Social cognition and social perception; Andreas Olsson guest lecture | Chapters 3 & 4   |                          | 3 (6)                      |
| Thurs May 24<br>TBD    | Trip to Emotion Lab,<br>Karolinska Institute                         |  |                          | 3 (9)                      |
| Fri May 25<br>9am-12pm | The self and self-<br>fulfilling prophecies                          | Chapter 4 & 5  |                          | 3 (12)                     |
| Mon May 28<br>9am-12pm | Attitudes, attitude change and justifying actions                    | Chapter 6 & 7  | Field Study 1 report due | 3 (15)                     |
| Tues May 29            | Review for exam 1  |  |                          | 3 (18)                     |
| 9am-10am               |  |  |                          |                            |
| 10am-12pm              | Panel with young<br>Swedes   |  |                          |                            |
| Wed May 30             | Exam 1   |  |                          | 3 (21)                     |
| 9am-12pm               |  |  |                          |                            |
| Thurs May 31           | Culture  | Gelfand et al. (2017)                                  |                          | 3 (24)                     |
| On your own            | Simone Setterberg guest lecture                                      | Markus & Kitayama<br>(2010)                            |                          |                            |
| Fri June 1             | Conformity, social   | Chapters 8 & 9   | Field Study 2 report due | 3 (27)                     |
| 9am-12pm               | influence & group processes  | Behavioral Insights<br>Team Charitable<br>Giving paper |                          |                            |
| 1pm-4pm                | Trip to the  |  |                          | 3 (30)                     |

# Fotografiska museum

| Mon June 4<br>9am-12pm | Emotions, happiness and prosocial behavior | Chapter 11           |               | 3 (33) |
|------------------------|--|----------------------|---------------|--------|
| Tues June 5            | Morality and Political                     | Uncensored Truth     | Field Study 3 | 3 (36) |
| 9am-12pm               | Psychology                                 | about Morality paper | report due    |        |
|                        | Ebba Karlsson guest lecture                |                      |               |        |
| Wed June 6             | Prejudice and                              | Chapters 12 & 13     | 3 (39)        |        |
| 9am-12pm               | aggression                                 |                      |               |        |
| Thurs June 7           | Interpersonal                              | Chapter 10           |               | 3 (42) |
| 9am-12pm               | attraction; review for final exam          |                      |               |        |
| Fri June 8             | Final exam and wrap-                       |                      |               | 3 (45) |
| 9am-12pm               | up   |                      |               |        |